



A Master's Way

Something quite separate to the Martial Art which I was reading recently reminded me of two of the main principals and tenets of being a Martial Artist; Honour and Loyalty.

It is quite easy to make an honourable decision when there is nothing at stake - when there is no harm or consequence to yourself incurred from making the decision.

Can we make the same decision however, when it is to bring harm or pain to us? This would be the test of how honourable you really are!

The same circumstance applies to loyalty; Loyalty is easy when there is nothing at stake; however when it is going to cost you something that you dislike, your loyalty is put to the test. Times like these are the most important for you to test yourself.

It's a worthwhile exercise to contemplate some of your major decisions from your past, and consider the real reasons that formed them. If you are truthful to yourself, you may be surprised at your past decisions; beware however, it is very easy to deceive yourself!

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